

August 2025

**CPD PORTFOLIO EVIDENCE**

**Performance, injury reduction & avoiding pushing youth athletes too far via pre-season adolescent screening**

August 2025

Source. FMPA <https://www.fmpa.co.uk/cpd/performance-injury-reduction-avoiding-pushing-youth-athletes-too-far-via-pre-season-adolescent-screening/>

**SACROILIITIS: FINDING A PATHWAY FOR A RARE INFLAMMATORY BACK CONDITION A COMPARATIVE CASE-STUDY ANALYSIS**

August 2025

Source. FMPA <https://www.fmpa.co.uk/cpd/sacroiliitis-finding-a-pathway-for-a-rare-inflammatory-back-condition-a-comparative-case-study-analysis/>

**PODCAST: EXERTIONAL HEAT ILLNESS: SHOULD THIS BE A HOT TOPIC IN FOOTBALL MEDICINE?**

August 2025

By: Dr Dan Fitzpatrick interviewed by Dr Elle Trezise

Source. FMPA <https://www.fmpa.co.uk/podcasts/exertional-heat-illness-should-this-be-a-hot-topic-in-football-medicine/>