

November 2025

CPD PORTFOLIO EVIDENCE

PODCAST: Football vs Olympic Sport – What’s the Difference for a Physio?

November 2025

Source: FMPA <https://www.fmpa.co.uk/podcasts/football-vs-olympic-sport-whats-the-difference-for-a-physio/>

How manual therapy can form part of a holistic management approach

November 2025

Source: FMPA <https://www.fmpa.co.uk/cpd/how-manual-therapy-can-form-part-of-a-holistic-management-approach/>

Applying the principles of risk management in male professional football: a feasibility study, introducing the Aspetar sports injury and illness risk management tool

November 2025

Source: BJSM <https://www.fmpa.co.uk/cpd/applying-the-principles-of-risk-management-in-male-professional-football-a-feasibility-study-introducing-the-aspetar-sports-injury-and-illness-risk-management-tool/>

Establishing team match physical performance reference values at UEFA EURO 2024 Germany

November 2025

Source: FMPA <https://www.fmpa.co.uk/cpd/establishing-team-match-physical-performance-reference-values-at-uefa-euro-2024-germany/>