

December 2025

**CPD PORTFOLIO EVIDENCE**

**PODCAST: \*\*KEY LINKS ADDED\*\* From Pitch to Probe: Practical Use of Ultrasound in the Assessment of Hamstring Injuries**

December 2025

Source. FMPA <https://www.fmpa.co.uk/podcasts/from-pitch-to-probe-practical-use-of-ultrasound-in-the-assessment-of-hamstring-injuries/>

**Gaps and our knowledge: High-grade hamstring rehabilitation in elite football**

December 2025

Source. FMPA <https://www.fmpa.co.uk/cpd/fearghal-kerin/>