

May 2026

CPD PORTFOLIO EVIDENCE

DISADVANTAGE STARTS EARLY: Oral health challenges in English academy footballers

May 2026

Source: FMPA <https://www.fmpa.co.uk/cpd/disadvantage-starts-early-oral-health-challenges-in-english-academy-footballers/>

ICRS-FIFA-Aspetar consensus on the management of knee cartilage injuries in football players: part 2 – appropriateness of specific surgical procedures to address articular cartilage lesions in different clinical scenarios using the RAND/UCLA appropriateness method

May 2026

Source: BJSM <https://www.fmpa.co.uk/cpd/icrs-fifa-aspetar-consensus-on-the-management-of-knee-cartilage-injuries-in-football-players-part-2-appropriateness-of-specific-surgical-procedures-to-address-articular-cartilage-lesions-in-different-c/>

PODCAST –‘Integrating Yoga into Contemporary Football Training’

By: Dr Antonio Pereira interviewed by Dr Alessio Kenda

May 2026

Source: FMPA <https://www.fmpa.co.uk/podcasts/integrating-yoga-into-contemporary-football-training/>

INTEGRATING YOGA INTO CONTEMPORARY FOOTBALL TRAINING

May 2026

Source: FMPA <https://www.fmpa.co.uk/cpd/integrating-yoga-into-contemporary-football-training/>

SHOOTING WIDE? OR STRAINING MUSCLES? THEN OPEN WIDE

May 2026

Source: FMPA <https://www.fmpa.co.uk/cpd/shooting-wide-or-straining-muscles-then-open-wide/>

MEDICAL CARE IN INTERNATIONAL FOOTBALL: Insights, challenges & the road ahead

May 2026

Source: FMPA <https://www.fmpa.co.uk/cpd/medical-care-in-international-football-insights-challenges-the-road-ahead/>

Novel purity, health and performance Pure Ionic Water promotes anti-oxidative properties to support performance of professional athletes

May 2026

Source: FMPA <https://www.fmpa.co.uk/cpd/novel-purity-health-and-performance-pure-ionic-water-promotes-anti-oxidative-properties-to-support-performance-of-professional-athletes/>